



Washing Water

Handout A82

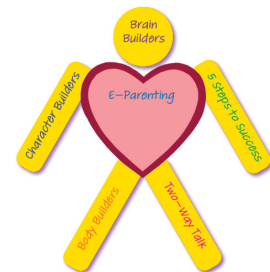
Why I want to do this activity with my baby:

- _____
- _____
- _____



Which Daily Do I want to focus on practicing:

- _____



When will we do this activity:

- _____
- _____

Who else can do this activity with my baby:

- _____



How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Fill a large bowl or tub with room temperature water and put it at your baby's level. Remember to always closely supervise your infant around water.
3. Encourage your baby to explore the water with their hands. Show them how to wiggle their hands, swim their hands, and clap in the water. You may also demonstrate how to rub your hands together in the water as a way to support them with one day learning to wash their hands.
4. As your baby plays with the water, talk with them about what they hearing, seeing, doing, touching, and feeling.